



HRHCare Foundation Newsletter / Fall 2013

Southampton Health Center Groundbreaking



*Dear Friends
and Supporters,*

Welcome to the first HRHCare Foundation Newsletter! I'm very happy to have this opportunity to share news about our innovative programs, demonstrate the impact we're having on our communities, and explore all the ways we can work together to support the HRHCare mission.



Anne Kauffman Nolon, MPH
President & CEO, HRHCare
Executive Director, HRHCare Foundation

HRHCare is a Community Health Center: a community-based, patient-directed organization providing comprehensive, culturally competent, quality health care services to medically underserved communities and vulnerable populations.

Our model for community health care originated 50 years ago as a response to health problems arising from poverty and inequity: community residents worked with medical volunteers and drew on the lessons of the civil rights movement, the successful experiences of other countries, and the support of caring, concerned Americans—all of whom understood that healthy individuals flourish in healthy communities.

The founders of HRHCare understood in 1975 that the community health center must go beyond the provision of one-by-one medical care to address the root causes of disease—the social and environmental determinants of health. As the President and CEO of HRHCare for 36 years, I have had the privilege of witnessing the ever-growing impact we have on families and the communities we serve. HRHCare continually renews our founders' mission: **to increase access to comprehensive primary and preventive health care and to improve the health status of our community, especially for the underserved and vulnerable.**

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If you received more than one copy of this newsletter, or if you prefer to receive it electronically, please send your request and email address to rotero@hrhcare.org or call 914-524-4107, ext. 62018.

HRHCare Today

Today, HRHCare provides comprehensive primary, preventive, behavioral, oral and specialty health care combined with enabling services such as transportation that open access to vulnerable populations throughout a ten-county region of southeastern New York State. We are New York State licensed, hold the designation of Federally Qualified Health Center, are accredited since 1998 by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO), and are recognized by the National Committee on Quality Assurance (NCQA) as a Level 3 Patient Centered Medical Home (PCMH). Operating from 20 health centers and 5 additional partnership facilities in neighborhoods around the Hudson Valley and Long Island, we meet the often complex health care needs of over 97,000 predominantly low-income, racially and ethnically diverse patients.

Community Health Centers like HRHCare are a proven solution to our nation's difficult health care issues. We are part of a unique model nationwide, providing improvements in patient health, achieving system-wide savings and contributing to the local economy in the communities we serve.

HRHCare: Transforming Communities

Our network of 25* community health centers, each developed in partnership with community leaders, elected officials, businesses and service organizations.

Each Health Center Makes a Difference

Columbia & Green Counties
Hudson

Dutchess County
Amenia
Beacon
Dover Plains
Pine Plains
Poughkeepsie

Orange County
Goshen
Walden

Rockland County
Haverstraw
Spring Valley

Sullivan County
Monticello

Suffolk County
Coram
Greenport
Southampton

Ulster County
New Paltz

Westchester County
Peekskill
Yonkers

*Including 5 sub-recipient Health Centers in Nassau County

The HRHCare Foundation

In 2000, ten community members recognized that, in common with all nonprofit health care organizations, HRHCare needed philanthropic resources to sustain current activity and growth. In 2002 the HRHCare Foundation was formally incorporated to enhance the ability of HRHCare to provide access to health care by cultivating philanthropic relationships, raising charitable dollars, and increasing community awareness of our work.

We need a lot of friends to do our work successfully! From helping us advocate for health care funding from local, state and federal officials, to helping us build relationships with individuals and corporations whose passion is helping others, to making individual donations of any amount—we need your help as we meet the complex, ever-growing needs of our most vulnerable community members through innovative, evidenced-based programs and the careful training of our compassionate staff.

I hope you'll enjoy our newsletter, learn more about what we do, and consider becoming more deeply involved in the work of HRHCare.

Sincerely,



Anne Kauffman Nolon, MPH
President & CEO, HRHCare
Executive Director, HRHCare Foundation

HRHCare at a Glance...

25 health centers

97,000 patients

410,000 visits

663 employees

Source: 2012 UDS Report

A Look At One of Our Health Centers:

Peekskill is where it all began. For 38 years, HRHCare has provided superior health care to Peekskill residents.

HRHCare Peekskill staff-137 strong- served 13,181 patients who visited our facility 55,575 times in 2012. This included 531 prenatal visits to our Women's Health Department- one of which ended with the unexpected delivery of a beautiful baby boy right at our health center! HRHCare continues to offer care as families grow. Our Women, Infant & Children (WIC) program served 1600 children at nutritional risk in 2012 to provide food vouchers, nutrition education and health care referrals for low-income families and children up to age 5. From children to geriatrics and everyone in between, our pediatric and internal medicine departments provide both primary and specialty medical care to those who are unable to afford healthcare. We serve those who do not have insurance, or are underinsured and we never turn anyone away because of their inability to pay.



Our current Peekskill site

What does “a community-based, patient-directed organization providing comprehensive, culturally competent, quality health care services to medically underserved communities and vulnerable populations” mean at our Peekskill site?



Our future Peekskill site

And there's more:

Dentistry is fully integrated into our pediatric and women's health care, ensuring the services required to develop good oral hygiene and healthy eating habits for life. Our school-based preventive dentistry program has provided 27 years of continuous services in Peekskill—a unique, community-based program that has received several research and funding awards.

Our Behavioral Health department offers innovative support and treatment programs at every level, from developing coping skills for every day living, to treatment of chemical dependencies, to psychiatric assessment, and care for those surviving trauma.

We understand the unique needs of vulnerable populations. HRHCare develops outstanding treatment models such as the Genesis program, which provides comprehensive case management of patients with HIV. Commended by the Westchester County Department of Health for quality services as demonstrated through an outstanding site visit and fiscal audit, the Genesis program is led by Dr. Christine Kerr, recipient of the AIDS Institute Quality of Care Leadership Award.

These are just a few of the many vital resources and services we provide at HRHCare Health Centers.

Celebrate!

On October 26th at Bedford Post, we presented CORNUCOPIA 2013: our annual celebration of Hudson Valley harvest and health benefitting the HRHCare Farmworker Health Fund. Cocktails, dinner, and live/silent auctions raised over \$150,000 to help HRHCare provide health, medical and dental services for farmworkers and their families. CORNUCOPIA...a symbol of plenty that reminds us all of how much help we can give to those in need.



The evening honored those whose work and passions strengthen our shared communities:



**Julia & Nigel Widdowson, Owners,
Red Devon Restaurant & Temple Farm**

Long active in environmental and land conservation issues, Julia and Nigel Widdowson have been raising grass-finished Red Devon cattle in Millbrook, NY since 2002. Opening the Red Devon Market and Restaurant followed as a natural extension of their interests, and feature their own Red Devon beef with produce and products from other local farms. The restaurant, which incorporates green design in every aspect of aesthetics and function, has since become a model for sustainable green technology. Julia, a native Texan, now serves on the Scenic Hudson Land Trust Board, and is a former board member still active with the American Farmland Trust. Nigel was born and raised in London, England, immigrated to New York City where he developed a business in the shipping industry, and met Julia. Two grown children and 60 Red Devon cattle later, they continue to innovate in the farm-to-table movement.

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John L. Ubaldo. Owner, John Boy's Farm

After graduating Skidmore College in Saratoga Springs with a degree in International Politics, John was a Wall Street investment banker on for 12 years. "I realized politics and banking weren't for me and figured Wall Street would be a great way to make some quick money to buy a farm...a get rich quick scheme gone awry." John wanted to farm for two simple reasons: the love of good food, especially the tastes he remembered from childhood; and a longing to go back to a simpler time, one he associated with rural life. John Boy's Farm was founded in 2003; research into conventional animal feeds led to the farm becoming pesticide and herbicide-free, John growing his own feed, and sourcing his own animal vitamins/minerals. John, his wife, Laura, and son, August, now farm over 185 acres of land in Cambridge, NY, providing meats, vegetables, fruit and herbs to our area's fine restaurants including Bedford Post and Crabtree Kittle House; and can be found on Sundays at the Farmers Market in Pound Ridge, NY.



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Our Hospital Partnerships

At the Cornucopia we also saluted our HRHCare—hospital partnerships. These partnerships are based on a shared commitment to the ideal that all people deserve quality health care—and that together we create cooperative networks that reach the greatest number of people, with particular attention to the medically underserved and the uninsured.

HRHCare cannot, by itself, be a model of comprehensive health care. It takes the community hospital, and the teaching hospital, and the community health center, held together with the glue of a committed County Government.

Brookhaven Memorial
Hospital Center
Richard T. Margulis, CEO

Catskill Regional Medical Center
Gerard Galarn, MD, CEO

Columbia Memorial Hospital
Jay Cahalan, CEO

Eastern Long Island Hospital
Paul Connor, President & CEO

Good Samaritan Catholic
Medical Center
Alan Guerci, MD, President & CEO

Health Quest System, Inc.
Donna McGregor, Co-CEO
Denise George, Co-CEO

Hudson Valley Hospital Center
John Federspiel, President

Montefiore Medical Center
Steven M. Safyer, MD, CEO

Nassau University Medical Center
Art Gianelli, President & CEO

North Shore LIJ
Michael Dowling, CEO

Orange Regional Medical Center
Scott Batulis, CEO

St. Francis Hospital & Health Center
Arthur Nizza, President & CEO

St. John's Riverside Hospital
Ron Corti, President & CEO

Sharon Hospital
Kim Lumia, CEO

Southampton Hospital
Robert I. Chaloner, President & CEO

Stony Brook University Hospital
Reuven Pasternak, MD, CEO

Vassar Brothers Medical Center
Janet Ready, President

Westchester Medical Center
Michael D. Israel, President & CEO



Sharon Pickett & Paul Mazzilli



Fund For Early Cancer Detection For Those In Need

Participants at Cornucopia contributed \$23,000 to our Early Cancer Detection Fund. The Fund was started two years ago by Paul Mazzilli and his wife Sharon Pickett. Their son, Nick, was hired for a summer internship at HRHCare and went to his physician for the required physical and was diagnosed with Thyroid cancer. Paul and Sharon were grateful it was caught early and today their son is just fine.

On one of his trips to receive treatment, Nick asked, “what do people without health insurance do in such circumstances?” Sharon and Paul wondered the same thing. They realized that those without health insurance do not have access to routine primary care that is often the first place where cancer is initially detected. And that, is what HRHCare is all about – giving people access to routine primary care.

Sharon and Paul asked HRHCare to create a special Early Cancer Detection Fund for those in need. As a result of this Fund and our Cancer Screening Services program, HRHCare has been able to conduct thousands of cancer screenings for our patients and has diagnosed 167 patients with cancer.

Get Involved!

HRHCare is a creative organization: we have inquiring minds, a wealth of experience, a vast and ever-growing knowledge base, and a deep organizational commitment to improving the health of our communities. We bring expertise to the challenges in every sphere of community health care: providing care, managing resources, educating staff, patients, and partners, working with local, county, state, and national government, creating partnerships with

innovative community partners—leading change in health care systems. We need your help!



Support!

We need your help! Your support allows us to deliver basic care to our uninsured patients.

For us to continue innovating—to gather data, to identify and document emerging health issues, to establish meaningful definitions and measurements of the health of our communities, and above all to propose and implement solutions—we depend on the support of donors who understand and value the creative expertise and leadership HRHCare provides.

Volunteer!

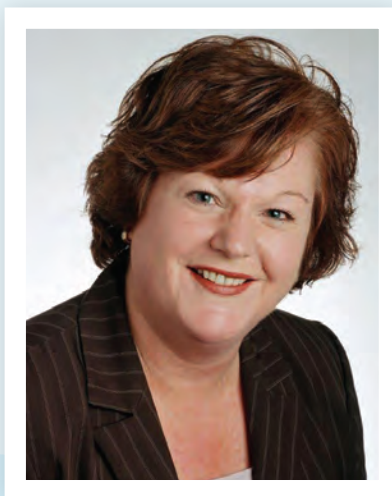
At HRHCare, our boards and committees greatly influence our growth and the extent to which we accomplish our goals. We rely on a community of friends and supporters who believe in the HRHCare mission and ability to make a difference in the lives of individuals and families for generations to come.

For information on giving or about volunteer opportunities at every level, please contact Lauren Candela-Katz:

914-734-8555
lcandelakatz@hrhcare.org

Join Us! Cornucopia Dutchess 2013

CORNUCOPIA
DUTCHESS 2013
will be held Wednesday,
December 4th, 6:30 p.m. at
The Culinary Institute of
America in Hyde Park, NY.



Join us for cocktails and dinner as we honor Vassar Brothers Medical Center and its President Janet Ready for their commitment to caring for the underserved in the community and their partnership with HRHCare to enhance services at the new Livingston St. Health Center.

CORNUCOPIA DUTCHESS 2013
Cornucopia Dutchess 2013 raised funds to meet the complex health care needs of our most vulnerable community members in Dutchess County. We welcome your support, your interest, and your involvement in our work!

For information on CORNUCOPIA
and the Farmworker Health Fund;
or CORNUCOPIA DUTCHESS 2013,
please contact Lauren Candela-Katz:

914-734-8555
lcandelakatz@hrhcare.org

DUTCHESS CORNUCOPIA | 2013

A Celebratory Benefit of Hudson Valley Harvest & Health

HRHCare Foundation

Andrew S. Richter, PhD, Chair
Jim Foy
John Lyden, MD
James Steets
John O'Leary, Emeritus

Anne Kauffman Nolon, MPH
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